



Finland is the happiest nation; India slips 7 spots, ranks 140th

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South Sudanese are unhappiest, says World Happiness Report

- Indians are not as happy in 2019 as they were in 2018 and the country figures at 140th place, seven spots down from last year, on UN World Happiness Report- 2019, released.
- The list is topped by Finland for the second year in a row.
- The report was released by the Sustainable Development Solutions Network for the United Nations on March 20, which has been designated as the World Happiness Day by the UN General Assembly.
- The report ranks countries on six key variables that support well-being: income, freedom, trust, healthy life expectancy, social support and generosity.
- According to the report, the overall world happiness has fallen over the past few years, which has mostly been fuelled by a sustained drop in India, which came in 140th place this year compared with 133rd place a year ago.
- The UN's seventh annual World Happiness Report, which ranks the world's 156 countries on "how happy their citizens perceive themselves to be", also noted that there has been an increase in negative emotions, including worry, sadness and anger.
- Pakistan is ranked 67th, Bangladesh 125th and China is place at 93rd.
- People in war-torn South Sudan are the most unhappy with their lives, followed by Central African Republic (155), Afghanistan (154), Tanzania (153) and Rwanda (152).

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