



# An unequal platter

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## Highlights

- Development is about expanding the capabilities of the disadvantaged, thereby improving their overall quality of life.
- Comparison of nutrition indicators for children under five years, using the third and fourth rounds of the National Family Health Survey (NFHS) 2015-2016 and 2005-06, shows this: though stunting has declined from 46.3% to 34.4%, wasting rates have increased from 16.5% to 25.6%. Further, the underweight rate (36%) has remained static in the last 10 years.
- This is worse than in some of the world's poorest countries — Bangladesh (33%), Afghanistan (25%) or Mozambique (15%). This level of poor nutrition security disproportionately affects the poorest segment of the population.
- According to NFHS 2015-16, every second tribal child suffers from growth restricting malnutrition due to chronic hunger.

Source: [The Hindu](#)

